

## **Positive Choices**

**Empower students to make positive choices regarding their personal health and wellness and their active engagement in the campus community.**

### Objective 1.

Develop specific strategies to create opportunities where students can connect knowledge to action (creating readiness)

### Objective 2.

Provide opportunities or programs to students to implement their avocational and recreational needs and interests.

### Objective 3.

Organize opportunities for optimum impact on student empowerment.

Empowerment implies knowledge connected to action. The Division will strive to facilitate student's personal choices related to health, wellness, and social engagement. Servicing this "personal" side of the College experience is intended to provide a platform for developing life-long purpose toward healthy self and community involvement. How will we engage students in their recreational time to foster their positive choices?