

Sea Gull Opener - 3/7/2009
Salisbury, MD
Results

Women 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Parrish, Jessica	Hood College	12.74	10
2 Boggan, Megan	SUNY Oswego	13.41	8
3 Ripple, Christine	SUNY Oswego	13.57	6
4 Unger, Elaina	Gloucester C	13.92	4
5 Phillips, Erin	Gallaudet Un	14.80	2

Women 200 Meter Dash

Name	Year School	Finals	Points
1 Boggan, Megan	SUNY Oswego	27.89	10
2 Ripple, Christine	SUNY Oswego	27.91	8
3 Nisbitt, Jacqueline	Gloucester C	28.12	6
4 Brown, Terri	Gloucester C	28.22	4
5 Foreman, Laura	Salisbury Un	28.92	2
6 Widdowson, Mollie	Hood College	31.81	1
7 Arneson, Emma	Hood College	33.36	
8 Bingham, Jody	Gallaudet Un	36.01	

Women 400 Meter Dash

Name	Year School	Finals	Points
1 Sobanko, Brandi	Shenandoah U	1:02.14	10
2 Brown, Terri	Gloucester C	1:03.98	8
3 Foreman, Laura	Salisbury Un	1:04.63	6
4 Keyser, Kelly	Hood College	1:15.50	4

Women 800 Meter Run

Name	Year School	Finals	Points
1 Smith, Amy	Shenandoah U	2:29.9h	10
2 Ritz, Rose	Gallaudet Un	2:32.4h	8
3 Stinner, Becca	Salisbury Un	2:37.3h	6
4 Dobkowski, Tracy	Gloucester C	2:46.5h	4
5 Olney, Kari	Gallaudet Un	2:46.8h	2
6 DiCrescenzo, Heather	Gloucester C	2:54.4h	1
7 Hastings, Justine	Shenandoah U	3:02.1h	

Women 1500 Meter Run

Name	Year School	Finals	Points
1 Smith, Amy	Shenandoah U	5:17.1h	10
2 Stinner, Becca	Salisbury Un	5:22.1h	8
3 DiCrescenzo, Heather	Gloucester C	5:31.2h	6
4 Dobkowski, Tracy	Gloucester C	5:33.3h	4
5 Hickie, Sarah	Shenandoah U	5:36.3h	2
6 Hastings, Justine	Shenandoah U	5:54.3h	1
7 Melton, Kristen	Shenandoah U	5:56.2h	

Women 5000 Meter Run

Name	Year School	Finals	Points
1 Berge, Masha	Salisbury Un	19:42.0h	10
2 Tollett, Liz	Salisbury Un	20:21.2h	8
3 Powell, Emily	Salisbury Un	20:33.0h	6
4 Hickie, Sarah	Shenandoah U	20:34.5h	4
5 Hammonds, Emily	Salisbury Un	21:36.0h	2
6 Melton, Kristen	Shenandoah U	21:40.7h	1
7 DePaul, Lauren	SUTF Alumni	21:51.1h	
8 Moyer, Sam	Gloucester C	25:36.9h	

Women 100 Meter Hurdles

Name	Year School	Finals	Points
1 Washington, Danielle	SUNY Oswego	17.36	10
2 Bulger, Jenn	Salisbury Un	17.60	8
3 Thomas, Katie	Hood College	18.11	6
4 Kwiatkowski, Amanda	Hood College	18.78	4
5 Thomas, Emma	Hood College	19.63	2
6 Widdowson, Mollie	Hood College	20.05	1

Women 400 Meter Hurdles

Name	Year School	Finals	Points
1 Bulger, Jenn	Salisbury Un	1:10.58	10
2 Sobanko, Brandi	Shenandoah U	1:20.26	8
3 Blue, Megan	Salisbury Un	1:30.75	6

Women 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Olney, Kari	Gallaudet Un	13:16.0h	10
2 Blue, Megan	Salisbury Un	13:57.6h	8

Women 4x100 Meter Relay

School	Finals	Points
1 Hood College 'A'	52.7h	10
2 SUNY Oswego 'A'	53.4h	8

Women 4x400 Meter Relay

School	Finals	Points
1 Salisbury University 'A'	4:29.2h	10
2 Salisbury University 'B'	5:01.0h	8
3 Hood College 'A'	5:08.2h	6
-- Salisbury Track & Field Alumni 'A'	X4:40.6h	

Women High Jump

Name	Year School	Finals	Points
1 Bulger, Jenn	Salisbury Un	1.47m	10
2 Metzler, Lindsay	Salisbury Un	1.42m	8
3 Thomas, Katie	Hood College	J1.42m	6

Women Long Jump

Name	Year	School	Finals	Points	
1 Nisbitt, Jacqueline		Gloucester C	5.14m	10	
2 Metzler, Lindsay		Salisbury Un	4.73m	8	
3 Arneson, Emma		Hood College	4.68m	6	
4 Parrish, Jessica		Hood College	4.64m	4	2nd jump: 4.56m
5 Bulger, Jenn		Salisbury Un	4.64m	2	2nd jump: 4.50m
6 Phillips, Erin		Gallaudet Un	4.63m	1	
7 Sartor, Della		Gloucester C	4.48m		
8 Unger, Elaina		Gloucester C	4.46m		

Women Triple Jump

Name	Year	School	Finals	Points
1 Parrish, Jessica		Hood College	10.76m	10
2 Sartor, Della		Gloucester C	10.23m	8
3 Defnet, Holly		Salisbury Un	10.16m	6
4 Nisbitt, Jacqueline		Gloucester C	10.04m	4
5 Metzler, Lindsay		Salisbury Un	9.92m	2
6 Phillips, Erin		Gallaudet Un	9.70m	1
7 Washington, Danielle		SUNY Oswego	8.60m	

Women Shot Put

Name	Year	School	Finals	Points
1 Mitchell, Kelley		Shenandoah U	10.84m	10
2 Johnson, Janay		Salisbury Un	10.65m	8
3 Houghton, Jennifer		Salisbury Un	9.88m	6
4 Defnet, Holly		Salisbury Un	9.63m	4
5 Holtzman, Rachel		Salisbury Un	9.61m	2
6 Unger, Elaina		Gloucester C	8.65m	1
7 Agbortabi, Clara		Salisbury Un	8.62m	
8 Kain, Erin		SUNY Oswego	8.56m	
9 Sobanko, Brandi		Shenandoah U	7.78m	
10 Muphy, Kayla		Hood College	7.59m	
11 Bulger, Jenn		Salisbury Un	7.49m	

Women Discus Throw

Name	Year	School	Finals	Points
1 Mitchell, Kelley		Shenandoah U	34.56m	10
2 Chomas, Gretchen		Shenandoah TC	31.82m	8
3 Houghton, Jennifer		Salisbury Un	31.00m	6
4 Johnson, Janay		Salisbury Un	28.97m	4
5 Muphy, Kayla		Hood College	26.76m	2
6 Kain, Erin		SUNY Oswego	26.01m	1
7 Defnet, Holly		Salisbury Un	24.71m	
8 Holtzman, Rachel		Salisbury Un	21.82m	
9 Hamor, Erica		Hood College	17.25m	

Women Hammer Throw

Name	Year	School	Finals	Points
1 Kain, Erin		SUNY Oswego	38.33m	10
2 Johnson, Janay		Salisbury Un	33.03m	8
3 Defnet, Holly		Salisbury Un	29.59m	6
4 Houghton, Jennifer		Salisbury Un	28.79m	4

5	Holtzman, Rachel	Salisbury Un	28.23m	2
6	Mitchell, Kelley	Shenandoah U	28.12m	1
7	Muphy, Kayla	Hood College	25.77m	
8	Hamor, Erica	Hood College	22.04m	
--	Chomas, Gretchen	Shenandoah TC	X36.25m	

Women Javelin Throw

Name	Year	School	Finals	Points
1 Hamor, Erica		Hood College	24.93m	10
2 Houghton, Jennifer		Salisbury Un	24.44m	8
3 Holtzman, Rachel		Salisbury Un	21.14m	6
4 Agbortabi, Clara		Salisbury Un	21.03m	4
5 Olney, Kari		Gallaudet Un	20.93m	2
6 Bulger, Jenn		Salisbury Un	20.03m	1
7 Kain, Erin		SUNY Oswego	19.40m	
8 Defnet, Holly		Salisbury Un	18.67m	
9 Dutchess, Janell		SUNY Oswego	17.32m	
10 Sobanko, Brandi		Shenandoah U	15.03m	

Men 100 Meter Dash

Name	Year	School	Finals	H#	Points
2 Galletta, Josh		SUNY Oswego	11.62	2	10
3 Robertson, Xzavier		Salisbury Un	11.67	2	8
5 Raju, Anthony		SUNY Oswego	11.84	2	6
6 Marfut, Michael		Salisbury Un	11.87	2	4
7 Giannino, Dave		SUNY Oswego	11.91	2	2
8 Uddin, Shehab		Gloucester C	12.04	1	1
9 Al-Hassan, Shuanub		Gloucester C	12.11	1	
10 Frey, Greg		Gallaudet Un	12.29	1	
11 Church, Khalif		Gloucester C	12.31	1	
12 Schlotthauer, Jacob		Gallaudet Un	12.59	1	
13 Chavdarov, Ivan		Hood College	13.30	1	
1 Tines, Marcus		SUTF Alumni	X11.51	2	
4 Teal, Kevin		SUTF Alumni	X11.69	2	

Men 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Turner, Wayne		Salisbury Un	22.92	1	10
2 Moore, Paul		Salisbury Un	23.44	1	8
3 Carapella, AJ		SUNY Oswego	23.55	1	6
5 Raju, Anthony		SUNY Oswego	23.75	2	4
6 Kubuszewski, Geoff		SUNY Oswego	24.02	1	2
8 Giannino, Dave		SUNY Oswego	24.32	2	1
9 Robertson, Xzavier		Salisbury Un	24.40	2	
10 Komolafe, T.K.		Hood College	24.45	1	
11 Robinson, Timothy		Shenandoah U	24.95	2	
12 Al-Hassan, Shuanub		Gloucester C	24.85	3	
13 Church, Khalif		Gloucester C	25.19	3	
14 McKenna, Thomas		Shenandoah U	25.50	3	
15 Schlotthauer, Jacob		Gallaudet Un	25.60	2	
16 Frazier, David		Hood College	25.71	2	
17 Phipps, Brian		Salisbury Un	27.12	2	
18 Chavdarov, Ivan		Hood College	27.77	3	
19 Shelton, Antione		Gloucester C	28.06	3	
4 Tines, Marcus		SUTF Alumni	X23.65	1	
7 Singleton, Sam		SUTF Alumni	X24.20	3	

Men 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Moore, Paul		Salisbury Un	49.77	2	10
2 Brown, Kevin		Gloucester C	50.91	2	8
3 Komolafe, Ola		Hood College	51.36	2	6
4 Carapella, AJ		SUNY Oswego	51.82	2	4
5 Turner, Wayne		Salisbury Un	52.68	2	2
6 Komolafe, T.K.		Hood College	53.39	2	1
7 Robinson, Timothy		Shenandoah U	53.71	2	
8 McKenna, Thomas		Shenandoah U	55.07	1	
9 McDuffie, David		Hood College	56.20	1	
10 Schaeffer, Kevin		Shenandoah U	56.67	1	
-- Prachar, Conor		Hood College	DNF	1	

Men 800 Meter Run

Name	Year	School	Finals	Points
1 Renton, Josiah		Shenandoah U	2:00.6h	10
2 Thompson, Andre		Gloucester C	2:04.2h	8
3 Gemon, Ryan		Salisbury Un	2:08.2h	6
4 Gutierrez, Kyle		Shenandoah U	2:14.4h	4
5 Diekewicz, Adam		Gloucester C	2:20.0h	2
6 Garcia, Jake		Shenandoah U	2:24.2h	1
7 Schindel, Matt		Gallaudet Un	2:30.6h	
-- Goodwin, Phil		Suny-O TC	X2:04.6h	

Men 1500 Meter Run

Name	Year	School	Finals	Points
1 Boccher, Travis		Salisbury Un	4:11.5h	10
2 Renton, Josiah		Shenandoah U	4:11.9h	8
3 Barnard, Chris		Salisbury Un	4:12.3h	6
4 Wojtanik, Eric		SUNY Oswego	4:15.8h	4
5 Miller, Matt		Salisbury Un	4:21.1h	2
6 Goulart, Chris		Salisbury Un	4:23.2h	1
7 Thompson, Andre		Gloucester C	4:30.9h	
8 Greenlees, Brendan		Hood College	4:31.8h	
9 Farrell, Kyle		Shenandoah U	4:39.8h	
10 Garcia, Jake		Shenandoah U	4:40.6h	
11 Fiore, Mike		Gloucester C	4:50.6h	
12 Kane, Cameron		Gloucester C	4:51.8h	
13 Schindel, Matt		Gallaudet Un	5:22.1h	
14 Stroud, Jeff		Gallaudet Un	6:47.5h	
-- Ames, Blair		Hood College	NT	

Men 5000 Meter Run

Name	Year	School	Finals	Points
1 Boccher, Travis		Salisbury Un	16:18.1h	10
2 Ladd, James		Salisbury Un	16:21.4h	8
3 Fitzgerald, John		Salisbury Un	16:23.5h	6
4 Berstler, Steve		Salisbury Un	16:24.4h	4
5 Kelly, Chris		Gloucester C	16:41.4h	2
6 Keen, Trevor		Salisbury Un	16:49.5h	1
7 Seawell, Trent		Salisbury Un	17:13.5h	
8 Barnard, Chris		Salisbury Un	17:17.2h	
9 Yourstone, Dustin		Salisbury Un	17:36.1h	
10 Toller, David		Salisbury Un	17:42.6h	

11	Greenlees, Brendan	Hood College	17:43.8h
12	Dickerson, Zack	Salisbury Un	18:24.5h
13	Kane, Cameron	Gloucester C	19:16.1h
14	Melora, AJ	Gloucester C	20:01.0h
--	Jacobs, Steve	SUTF Alumni	X16:12.0h
--	Stokes, Buck	SUTF Alumni	X16:21.8h

Men 110 Meter Hurdles

Name	Year	School	Finals	Points
1	Bebbe, Cory	Salisbury Un	15.04	10
2	Briscoe, Quentin	Salisbury Un	16.11	8
3	Kolodziejwski, Jesse	Salisbury Un	16.35	6
4	Baskin, Anthony	Gallaudet Un	16.59	4
5	Painter, Brady	Gallaudet Un	16.83	2
6	Lane, Brandon	Salisbury Un	17.06	1

Men 400 Meter Hurdles

Name	Year	School	Finals	H#	Points
1	Bebbe, Cory	Salisbury Un	53.20	2	10 (NCAA PROV.)
2	Briscoe, Quentin	Salisbury Un	56.48	2	8
3	Marfut, Michael	Salisbury Un	58.24	2	6
4	Komolafe, Ola	Hood College	1:00.59	1	4
5	English, Andy	SUNY Oswego	1:00.82	2	2
6	Kolodziejwski, Jesse	Salisbury Un	1:01.19	2	1
7	Schaeffer, Kevin	Shenandoah U	1:02.19	2	
8	Higareda, Anthony	Gloucester C	1:02.89	1	
9	Wasacz, Eric	SUNY Oswego	1:03.46	2	
10	Leonard, Kevin	SUNY Oswego	1:03.59	1	
11	Baskin, Anthony	Gallaudet Un	1:04.21	1	
12	McDuffie, David	Hood College	1:09.23	1	
13	Painter, Brady	Gallaudet Un	1:10.02	1	

Men 3000 Meter Steeplechase

Name	Year	School	Finals	Points
1	Nastasiak, Bill	Salisbury Un	9:57.4h	10
2	Andrews, William	Hood College	10:25.4h	8
3	Gutierrez, Kyle	Shenandoah U	10:35.6h	6
4	Manning, Nick	Hood College	11:17.9h	4
--	Marrocco, Andy	SUTF Alumni	X10:13.0h	

Men 4x100 Meter Relay

School	Finals	Points
1 SUNY Oswego 'A'	43.9h	10
2 Hood College 'A'	47.1h	8
3 Gloucester County College 'A'	47.9h	6
-- Salisbury University 'A'	DQ	handoff

Men 4x400 Meter Relay

School	Finals	Points
1 Salisbury University 'A'	3:32.3h	10
2 SUNY Oswego 'A'	3:36.9h	8
3 Shenandoah University 'A'	3:50.0h	6
4 Salisbury University 'B'	3:58.0h	4

5 Salisbury University 'C'	4:05.0h	2
-- Salisbury Track & Field Alumni 'A'	X3:41.6h	
-- Salisbury Track & Field Alumni 'B'	X3:55.0h	

Men High Jump

Name	Year School	Finals	Points
1 O'brien, Mike	Salisbury Un	1.82m	10
2 Lane, Brandon	Salisbury Un	J1.82m	8
3 Sullivan, Matt	Gloucester C	J1.82m	6
4 Barklow, Steve	Gloucester C	1.77m	4
5 DiGangi, Chris	Hood College	1.67m	2
6 Everett, Justin	Hood College	1.57m	1

Men Pole Vault

Name	Year School	Finals	Points
1 DiGangi, Chris	Hood College	3.60m	10
2 Diekewicz, Adam	Gloucester C	3.00m	8

Men Long Jump

Name	Year School	Finals	Points
1 Uddin, Shehab	Gloucester C	6.63m	10
2 Lane, Brandon	Salisbury Un	6.43m	8
3 Robertson, Xzavier	Salisbury Un	6.15m	6
4 Prachar, Conor	Hood College	5.74m	4
5 Baskin, Anthony	Gallaudet Un	5.63m	2
6 Frey, Greg	Gallaudet Un	5.44m	1
7 Melora, AJ	Gloucester C	4.53m	
-- Everett, Justin	Hood College	FOUL	

Men Triple Jump

Name	Year School	Finals	Points
1 Lane, Brandon	Salisbury Un	13.69m	10
2 Briscoe, Quentin	Salisbury Un	12.77m	8
3 Everett, Justin	Hood College	12.54m	6
4 Uddin, Shehab	Gloucester C	12.37m	4
5 Baskin, Anthony	Gallaudet Un	12.06m	2
6 O'brien, Mike	Salisbury Un	12.00m	1

Men Shot Put

Name	Year School	Finals	Points
1 Drenner, Jay	Salisbury Un	12.83m	10
2 Bereza, Sean	SUNY Oswego	12.11m	8
3 Means, Zack	Salisbury Un	11.71m	6
4 Urdahl, John	Salisbury Un	11.17m	4
5 Haynes, Matt	Hood College	10.20m	2
6 Johnston, Chris	Gloucester C	9.74m	1
7 Roach, Matthew	Shenandoah U	9.51m	
8 Brown, Vince	Gloucester C	8.57m	
9 Lipinski, Jeff	Hood College	7.70m	

Men Discus Throw

Name	Year School	Finals	Points
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1	Drenner, Jay	Salisbury Un	35.24m	10
2	Means, Zack	Salisbury Un	34.38m	8
3	Haynes, Matt	Hood College	33.17m	6
4	Bereza, Sean	SUNY Oswego	31.93m	4
5	Urdahl, John	Salisbury Un	26.81m	2
6	Johnston, Chris	Gloucester C	25.76m	1
7	Brown, Vince	Gloucester C	19.05m	

Men Hammer Throw

Name	Year	School	Finals	Points
1	Drenner, Jay	Salisbury Un	38.86m	10
2	Haynes, Matt	Hood College	38.64m	8
3	Urdahl, John	Salisbury Un	30.10m	6
4	Means, Zack	Salisbury Un	25.79m	4
5	Lipinski, Jeff	Hood College	24.54m	2

Men Javelin Throw

Name	Year	School	Finals	Points
1	Johnston, Chris	Gloucester C	56.22m	10
2	Adami, Christian	Salisbury Un	50.03m	8
3	Wills, Andrew	Salisbury Un	48.68m	6
4	Haynes, Matt	Hood College	47.05m	4
5	Schindel, Matt	Gallaudet Un	42.69m	2
6	McKenna, Thomas	Shenandoah U	40.66m	1
7	Lipinski, Jeff	Hood College	40.35m	
8	Symons, Zack	Salisbury Un	36.74m	
9	Roach, Matthew	Shenandoah U	35.63m	

Women - Team Rankings - 18 Events Scored

1)	Salisbury University	203	2)	Hood College	82
3)	Shenandoah University	67	4)	SUNY Oswego	61
5)	Gloucester County College	60	6)	Gallaudet University	26
7)	Shenandoah TC	8			

Men - Team Rankings - 19 Events Scored

1)	Salisbury University	297	2)	Hood College	76
3)	SUNY Oswego	71	4)	Gloucester County College	71
5)	Shenandoah University	36	6)	Gallaudet University	13