1 Go online to www.oswego.edu/majorexploration, click on “What can I do with a major in…” and choose a major to explore.

Major: _______________________________________________________________________

Department Contact Information: _______________________________________________

2 Informational Interview Video: Choose an informational interview video to watch and answer the following questions. If one of the highlighted careers isn’t of interest, click on the link below to see additional videos.

Career: _______________________________________________________________________

Description of the position: _____________________________________________________

______________________________________________________________________________

What do they love about their job? Challenges? ___________________________________

______________________________________________________________________________

How did they prepare for this job and what was their journey? _______________________

______________________________________________________________________________

What advice do they have for you? _______________________________________________

______________________________________________________________________________

3 Involvement: What student organizations and professional organizations can you join in this field?

Club/Organization: ______________________________________________________________

Professional Organization: _______________________________________________________

4 Alumni: What types of companies and job titles are Oswego Alumni working in?

______________________________________________________________________________
5 Exploring Careers: Expand on THREE of the listed career fields related to your major and list the areas and employers are of interest to you in this field.

Career Field #1: ________________________________________________________________

Areas: ________________________________________________________________________

Employers: ___________________________________________________________________

Career Field #2: ________________________________________________________________

Areas: ________________________________________________________________________

Employers: ___________________________________________________________________

Career Field #3: ________________________________________________________________

Areas: ________________________________________________________________________

Employers: ___________________________________________________________________

6 What other information and strategies are recommended for this major and related career fields?

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

To book an appointment with Career Services staff to further discuss your career exploration, go to: oswego.edu/career/bookme